

Abruzzo Experience

Secret and Mysteries of L'Aquila

Program

9:30 arrival in **L'Aquila** and visit the **Fountain of the 99 Cannelle**, a symbol of the city's founding.

10:00 guided tour of the city centre following an itinerary which chronologically goes through all the history of the town from its foundation combining the official history to legends and mysteries, constellations and Templar knights, important characters like Frederick II and Celestino V, the famous Pope of the "great refusal". Starting from the **Basilica of Santa Maria di Collemaggio**, with the first Holy Door in the world and the only one being opened every year, you will pass across one of the city's access gates arriving to the **Basilica of San Bernardino**, a great example of L'Aquila baroque. You reach the highest point of the city, the **Castle**, imposing Spanish fortress offering a spectacular view of the Gran Sasso d'Italia. Optional admission to the **Munda**, the National Museum of Abruzzo, which houses an extraordinary collection of masterpieces that have shaped the region's identity and artistic history. Not to be missed: the imposing Mammoth. Afterwards, passing through charming little squares and narrow roads you will arrive in Piazza Duomo where the tour ends with a tasting of local nougat in the oldest caffè in town

12:30 optional lunch in a typical restaurant in Piazza Duomo

15:30 optional visit to the **Grotte di Stiffe**, in the the Parco Regionale Sirente Velino, where the presence of the watercourse creates spectacular waterfalls inside and outside the caves.

18:00 departure of the group



Tourist Guide HD:

€ 120,00 (from 1 to 10 persons); € 150,00 (from 11 to 30 persons); € 180,00 (from 31 to 50 persons)

Tourist Guide FD:

€ 250,00 (from 1 to 10 persons); € 275,00 (from 11 to 30 persons); € 300,00 (from 31 to 50 persons)

Info and bookings: Vanessa +393485125381 abruzzoexperience@gmail.com

Abruzzo Experience is powered by Scipio Tours di Vanessa Scipione

Sede legale: Via Australia, 4 - 67100 L'Aquila - Italy

Sede operativa: Via Paganica, 1 (angolo Piazza Palazzo) - 67100 L'Aquila - Italy

+39 348 5125381- abruzzoexperience@gmail.com - www.abruzzoexperience.it- facebook.com/abruzzoexperience

REA AQ130969 - P.IVA 020767906888

Abruzzo Experience

L'Aquila and the Gran Sasso

Program

10:00 arrival in **L'Aquila** and guided tour of the city centre following an itinerary which chronologically goes through all the history of the town from its foundation combining the official history to legends and mysteries, constellations and Templar knights, important characters like Frederick II and Celestino V, the famous Pope of the "great refusal". Starting from the **Basilica of Santa Maria di Collemaggio**, with the first Holy Door in the world and the only one being opened every year, you will pass across one of the city's access gates arriving to the **Basilica of San Bernardino**, a great example of L'Aquila baroque. You reach the highest point of the city, the **Castle**, imposing Spanish fortress offering a spectacular view of the Gran Sasso d'Italia. Optional admission to the **Munda**, the National Museum of Abruzzo, which houses an extraordinary collection of masterpieces that have shaped the region's identity and artistic history. Not to be missed: the imposing Mammoth. Afterwards, passing through charming little squares and narrow roads you will arrive in **Piazza Duomo** where the tour ends with a tasting of local nougat in the oldest café in town

13:00 optional lunch in a typical restaurant in Piazza Duomo

15:00 departure for **Gran Sasso and Monti della Laga National Park** to drive through the ancient shepherds' routes. Arrival in **Santo Stefano di Sessanio**, one of the most beautiful villages in Italy now greatly renovated, where reigns supreme the picturesque Medici family tower. Walking tour through traditional craft shops where you can buy the DOP saffron made in L'Aquila, DOP lentils and many local cheeses, honey, jam and other handcraft products made by fine wool. Opportunity to attend a demonstration of Aquilano bobbin lace.

18:00 departure of the group



Tourist Guide HD:

€ 120,00 (from 1 to 10 persons); € 150,00 (from 11 to 30 persons); € 180,00 (from 31 to 50 persons)

Tourist Guide FD:

€ 250,00 (from 1 to 10 persons); € 275,00 (from 11 to 30 persons); € 300,00 (from 31 to 50 persons)

Info: Vanessa +39 3485125381 abruzzoexperience@gmail.com

Abruzzo Experience is powered by Scipio Tours di Vanessa Scipione

Registered Office: Via Australia, 4 - 67100 L'Aquila - Italy

Sales Office: Via Paganica, 1 (angolo Piazza Palazzo) - 67100 L'Aquila - Italy

+39 348 5125381- abruzzoexperience@gmail.com - www.abruzzoexperience.it - [facebook.com/abruzzoexperience](https://www.facebook.com/abruzzoexperience)

REA AQ130969 - P.IVA 020767906888

Abruzzo Experience

L'Aquila and the Gran Sasso

Program

10:00 guided tour of L'Aquila following an itinerary which chronologically goes through all the history of the town from its foundation combining the official history to legends and mysteries, constellations and Templar knights, important characters like Frederick II and Celestino V, the famous Pope of the "great refusal". Starting from the **Roman Theater and Amphitheater of Amiternum**, an important Sabine city conquered by the Romans, then suddenly disappeared. We stop at a local pasta factory where they make the typical spaghetti alla chitarra. We continue to the Fountain of the **99 Cannelle**, a symbol of the city's founding. Optional admission to the Munda, the **National Museum of Abruzzo**, which houses an extraordinary collection of masterpieces that have shaped the region's identity and artistic history.

13:00 optional lunch in a typical restaurant in Piazza Duomo

15:00 guided tour of the city centre starting from the **Basilica of Santa Maria di Collemaggio**, with the first Holy Door in the world and the only one being opened every year, you will pass across one of the city's access gates arriving to the **Basilica of San Bernardino**, a great example of L'Aquila baroque. You reach the highest point of the city, the **Castle**, imposing Spanish fortress offering a spectacular view of the Gran Sasso d'Italia. Optional admission to the **Munda**, the National Museum of Abruzzo, which houses an extraordinary collection of masterpieces that have shaped the region's identity and artistic history. Not to be missed: the imposing Mammoth. Afterwards, passing through charming little squares and narrow roads you will arrive in **Piazza Duomo** where the tour ends with a tasting of local nougat in the oldest café in town



Tourist Guide HD:

€ 120,00 (from 1 to 10 persons); € 150,00 (from 11 to 30 persons); € 180,00 (from 31 to 50 persons)

Tourist Guide FD:

€ 250,00 (from 1 to 10 persons); € 275,00 (from 11 to 30 persons); € 300,00 (from 31 to 50 persons)

Info: Vanessa +39 3485125381 abruzzoexperience@gmail.com

Abruzzo Experience is powered by Scipio Tours di Vanessa Scipione

Registered Office: Via Australia, 4 - 67100 L'Aquila - Italy

Sales Office: Via Paganica, 1 (angolo Piazza Palazzo) - 67100 L'Aquila - Italy

+39 348 5125381- abruzzoexperience@gmail.com - www.abruzzoexperience.it - [facebook.com/abruzzoexperience](https://www.facebook.com/abruzzoexperience)

REA AQ130969 - P.IVA 020767906888