

## Mysteries and Secrets of L'Aquila

### Program

10:00 departure for **the Parco Regionale Sirente Velino** and optional visit to the **Stiffe Caves** where the presence of the watercourse creates spectacular waterfalls inside and outside the caves!

13:00 free lunch at a farm-house or packed lunch

15:30 arrival in **L'Aquila** for the **Tour of Mysteries**. You will visit the city's major monuments following an itinerary which chronologically goes through all the history of the town from its foundation combining the official history to legends and mysteries, constellations and Templar knights, important characters like Frederick II and Celestino V, the famous Pope of the "great refusal". Starting from the **Basilica of Santa Maria di Collemaggio**, with the first Holy Door in the world and the only one being opened every year, you will pass across one of the city's access gates to take a photo of one of the most picturesque medieval streets in the city center. Keeping going uphill you will reach the **Basilica of San Bernardino**, a great example of L'Aquila baroque and the **Castle** located at the highest point of the city, an impressive Spanish fortress offering a spectacular view of the Gran Sasso d'Italia. Optional admission to the **Munda**, the National Museum of Abruzzo, which houses an extraordinary collection of masterpieces that have shaped the region's identity and artistic history. Not to be missed: the imposing Mammoth. Afterwards, passing through charming little squares and narrow roads you will arrive in **Piazza Duomo** where the tour ends with a tasting of local nougat in the oldest café in town.

Ore 18:30 departure of the group



### Tourist Guide HD:

€ 120,00 (from 1 to 10 persons); € 150,00 (from 11 to 30 persons); € 180,00 (from 31 a 50 persons)

### Tourist Guide FD:

€ 250,00 (from 1 to 10 persons); € 275,00 (from 11 to 30 persons); € 300,00 (from 31 to 50 persons)

Info and bookings: Vanessa +39 3485125381 [abruzzoexperience@gmail.com](mailto:abruzzoexperience@gmail.com)

**Abruzzo Experience is powered by Scipio Tours di Vanessa Scipione**

Registered Office: Via Australia, 4 - 67100 L'Aquila - Italy

Sales Office: Via Paganica, 1 (angolo Piazza Palazzo) - 67100 L'Aquila - Italy

+39 348 5125381- [abruzzoexperience@gmail.com](mailto:abruzzoexperience@gmail.com) - [www.abruzzoexperience.it](http://www.abruzzoexperience.it) - [facebook.com/abruzzoexperience](https://facebook.com/abruzzoexperience)  
REA AQ130969 - P.IVA 020767906888